

Patient Information

Inserting an in-the-ear (ITE) hearing aid



1. Pinch the aid as shown above between your thumb and forefinger, ensure that your fingers are not in the way of the microphone and you are holding the aid in the direction you wish to place it into your ear.
2. Place the tip of the hearing aid in your ear canal (this is the part where the sound comes out and has a white spot on it).
3. Gently pull your ear with one hand and push the hearing aid into the ear canal with the other, wiggling the hearing aid slightly if necessary, following the natural contour of the ear canal.
4. Make sure the aid is fitting flush. The bulky part of the aid must sit nicely in the bowl of your ear and not stick out.
5. Use a mirror to make sure the aid is fitted correctly.
6. If the aid is not in correctly you may find it whistles or you may not hear clearly.

Note: do not use the battery door as a handle to insert or remove your hearing aid. It is not designed for this purpose.



If you require this leaflet in LARGE PRINT, please ask your audiologist, a member of reception, or contact the department

This Information leaflet has been reviewed and approved by the Audiology Patient Panel. If you would like to get involved, please leave your contact details with a member of the reception staff

Document History

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