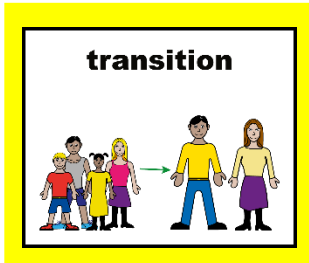


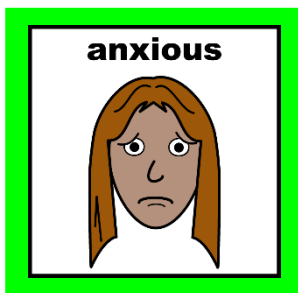
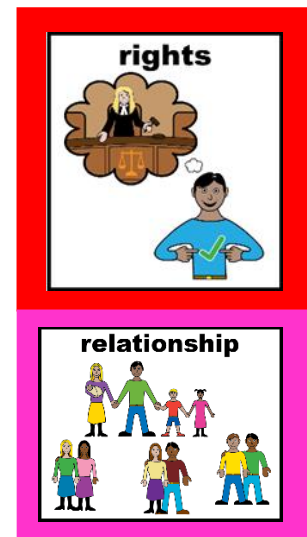
## Paediatric Transition Service



★ Transition is for people who are 11 years and older with an ongoing health condition.

★ As you get older your health condition often becomes more stable & you start thinking about different things from when you were a child. Your future, travel, your rights, relationships etc.

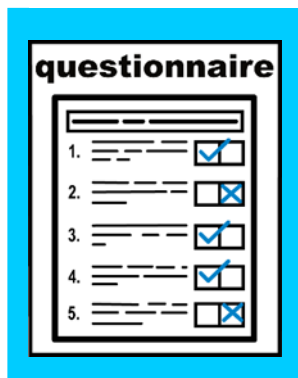
★ These are things the adult healthcare system know more about. This is why we help you move to the adult services.



★ We know this can make you anxious. It's scary for your parents/carers too.

★ We won't rush you. You normally leave children's services at 16 yrs. Sometimes a little older.

★ This process will always be about you & how we can help you make life a little bit easier at this time. We use a system called **Ready, Steady, Go**



★ It is a series of 3 questionnaires which shows us if you need any extra help.

★ We can support you with any help you may need.

★ We will have a meeting with each questionnaire to make sure it's helping. You can have a parent or carer with you at the meetings.



★ It will help us make a plan to ensure all your needs are met as you move in to the adult healthcare system.

★ We will do all we can so you can access the transition process.



★ Please get in touch if you have any questions. E-mail, text, call or video call.

★ Monday, Tuesday, Thursday and Friday

08:00 – 16:00



★ 07856 336 356

★ [john-paul.rhodes@nhs.net](mailto:john-paul.rhodes@nhs.net)

Peterborough City Hospital, Edith Cavell Campus, Bretton Gate, Peterborough, PE3 9GZ  
Hinchingsbrooke Hospital, Hinchingsbrooke Park, Huntingdon, Cambridgeshire, PE29 6NT